

CHINESE TRADITIONAL MEDICINE

HIGH SCHOOL WORK SHEET

History

- 1 How do we know that Chinese Traditional Medicine was already a systematic field of study in 1500 BC?
- 2 Which two ancient philosophies underlie Chinese Traditional Medicine?
- 3 Name the five important medical texts and their authors that were written during the Han Dynasty (206-220 BC).
- 4 When was the first imperial medical school established in China?

Diagnosis

- 5 Explain the principle of Yin and Yang.
- 6 What, according to Chinese Traditional Medicine, causes illness and disease?
- 7 *"... the body is an open system that exists in dynamic equilibrium."* Explain how this view dictates the method of diagnosis in Chinese Traditional Medicine.
- 8 What actions does the practitioner of Chinese Traditional Medicine take in order to reach a diagnosis?

Treatment

- 9 Summarise each of the eight therapies in Chinese Traditional Medicine in your own words.